

# Triathlon

Sunday 16<sup>th</sup> May 2010

Fareham Leisure Centre, Park Lane, Fareham

**400m Swim / 27km Cycle / 10km Run**

Entry fee £15 made payable by cash or cheque. Proceeds will  
Go towards the 'The Rainbow Centre' charity no.1096603  
Take part as an individual or as a team.



*Places are limited, closing date for entries: Thursday 6<sup>th</sup> May*

## Registration Form

Surname:..... First Name:.....  
D.O.B:..... Sex:.....  
Address:.....  
Postcode:..... Tel No:.....

Email:.....  
(please write clearly as event details will be emailed to you)

Estimated swim time:.....  
Estimated overall time .....

Team Name (if applicable).....  
Wave you wish to participate SWIM//BIKE /RUN.....

*Please note: Please be as accurate as you can with your estimated times as this will determine the wave you will start in.*

**There will be a presentation evening after the event in the Café where alcoholic and non alcoholic drinks will be available to celebrate the successful completion of the event.**

*Please note: Anyone taking part who is not a member of the British Triathlon Association will need to pay £3 on the day for a day licence to cover their insurance. This includes each individual taking part as a team.*

## Disclaimer

I understand and agree that I participate in the event entirely at my own risk and that no responsibility whatsoever shall attach to any event sponsors, race organisers or any person involved in the event for any accidents, loss or damage suffered by me in, or by reason of the event, however such may be caused. I am healthy and have NO KNOWN MEDICAL CONDITION. I have read and understood the above.

Signed:.....  
Date:.....

Please return this form with the correct entry fee (Cheques made payable to SLM-limited) addressed to Cathie Bolwell, Fareham Leisure Centre, Park Lane, PO16 7JU. Competitors will receive prior to the race an information pack outlining the routes and program of the day. Any queries please contact the centre on 01329 233652 or email [cathiebolwell@slm-ltd.co.uk](mailto:cathiebolwell@slm-ltd.co.uk) No refunds can be given for non attendance of the race.