

Meon Valley Plod Results

Sunday 1 March 2009

Place	Time	Name	Team	Cat	Pace	EntrantNo
1	02:21:02	BAKER, Nick	Denmead Striders	Veteran Men	06:52.6	35
2	02:23:08	BENTLEY, Rob	Wessex Road Runners	Veteran Men	06:58.8	242
3	02:23:50	BLEACH, Paul	City of Portsmouth	Veteran Men	07:00.8	427
4	02:24:22	OSBORNE, Steve	votwo	Senior Men	07:02.4	273
5	02:24:48	CAMPBELL, Mark	Southampton Running Club	Senior Men	07:03.7	354
6	02:25:37	PASSINGHAM, Leonard	Alton Runners	Veteran Men	07:06.1	193
7	02:25:58	FROST, Sean		Senior Men	07:07.1	294
8	02:26:21	JEFERY, Stephen	Victory AC	Senior Men	07:08.2	337
9	02:28:30	MANNING, Julian	Denmead Striders	Senior Men	07:14.5	147
10	02:33:46	ROLFE, Clive	Sandhurst Joggers	Senior Men	07:29.9	390
11	02:34:12	HENDERSON, Andrew	Serpentine Running Club	Veteran Men	07:31.2	150
12	02:34:54	WHITE, Mike	Stubbington Green Runners and AC	Veteran Men	07:33.2	232
13	02:35:12	BRALEY, Mark	Serpentine Running Club	Senior Men	07:34.1	50
14	02:35:25	MACASKILL, Andy	Maidenhead AC	Senior Men	07:34.7	71
15	02:36:40	HARDS, Barry	Stubbington Green Runners and AC	Veteran Men	07:38.4	330
16	02:37:59	HARRIES, Owen	Team Southampton	Veteran Men	07:42.2	389
17	02:39:54	ROWDON, Kristian	Ryde Harriers	Senior Men	07:47.8	96
18	02:40:17	FERGUSON, Mark	Havant AC	Senior Men	07:49.0	122
19	02:41:27	PENNICOTT, James	Chichester Runners & AC	Senior Men	07:52.4	331
20	02:42:11	SAUPE, Bernard		Senior Men	07:54.5	326
21	02:42:31	JOHNSON, Richard	Sandhurst Joggers	Senior Men	07:55.5	392
22	02:43:27	SIDWAY, Paul	Eastleigh RC	Veteran Men	07:58.2	102
23	02:43:33	BACON, Martin	Portsmouth Joggers Club	Veteran Men	07:58.5	215
24	02:44:06	CONWAY, Tony	Portsmouth Joggers Club	Veteran Men	08:00.1	220
25	02:44:12	HARPER, Theo	Alton Runners	Veteran Men	08:00.4	314
26	02:44:32	KITNEY, Steve	Farnham Runners	Veteran Men	08:01.4	139
27	02:45:20	STANTON, Ross	Southampton Running Club	Senior Men	08:03.7	69
28	02:46:37	JENKINS, Christopher	Portsmouth Joggers Club	Senior Men	08:07.5	306
29	02:47:08	GUMBRELL, Matt		Senior Men	08:09.0	374
30	02:47:12	ASHLEY, Paul	Hardley Runners	Senior Men	08:09.2	304
31	02:47:12	CROSBY, Nick	votwo	Senior Men	08:09.2	143
32	02:47:21	CRTON, Andy	Winchester and District AC	Veteran Men	08:09.6	36
33	02:47:35	POOK, Adrian	Hogweed Trotters	Senior Men	08:10.3	166
34	02:48:05	PURDOM, Dace	Hardley Runners	Veteran Men	08:11.8	379
35	02:48:25	BAILEY, Daniel	Victory AC	Senior Men	08:12.8	149
36	02:48:41	MALONEY, Nick	Finch Coasters	Senior Men	08:13.6	251
37	02:49:59	BEROGNA, Ricard	Denmead Striders	Senior Men	08:17.4	315
38	02:50:13	SMITH, Dan	Farnham Runners	Senior Men	08:18.0	126
39	02:50:59	CLARK, Howard	Portsmouth Joggers Club	Senior Men	08:20.3	206
40	02:51:34	JONES, Wez		Senior Men	08:22.0	268
41	02:51:40	HOBBS, Mike	Gillingham Trotters	Veteran Men	08:22.3	25
42	02:52:18	GRIGOLEIT, Peter	Basingstoke & Mid Hants	Veteran Men	08:24.1	184
43	02:52:28	HAMILTON, Mark		Senior Men	08:24.6	300
44	02:53:08	FOX, Martin	votwo	Senior Men	08:26.6	176
45	02:53:48	MORGAN, Emyr	Team Southampton	Senior Men	08:28.5	196
46	02:53:52	USBORNE, Helen	Serpentine Running Club	Senior Ladies	08:28.7	208
47	02:54:00	WHITE, Steve	Saffron Striders	Veteran Men	08:29.1	419
48	02:54:06	SEAR, Stephen	Fleet & Crookham	Senior Men	08:29.4	72
49	02:54:12	RICHARDS, David	Portsmouth Joggers Club	Veteran Men	08:29.7	38
50	02:55:17	CASBURN, Nick	Chichester Runners & AC	Senior Men	08:32.9	383
51	02:55:33	WHEELHOUSE, Edward	Clanfield joggers	Senior Men	08:33.6	288
52	02:55:45	PYKE, Mark	Hogweed Trotters	Veteran Men	08:34.2	186
53	02:55:47	HOY, Phill	Portsmouth Joggers Club	Veteran Men	08:34.3	87
54	02:56:01	KEW, Jonathan	Maidenhead AC	Senior Men	08:35.0	97
55	02:56:12	SLANEY, Mark	Basingstoke & Mid Hants	Veteran Men	08:35.5	393

56	02:56:40	CHEESMAN, James	Portsmouth Joggers Club	Senior Men	08:36.9	402
57	02:57:11	SHEPHERD, Mark	City of Salisbury	Senior Men	08:38.4	197
58	02:57:14	BURCHNALL, Nick	Blackwater Valley Runners	Veteran Men	08:38.6	409
59	02:57:18	BARNETT, Steve		Senior Men	08:38.8	106
60	02:57:43	JEFFERY, David	Victory AC	Senior Men	08:40.0	265
61	02:57:58	JAMES, Stephanie	Maidenhead AC	Senior Ladies	08:40.7	64
62	02:58:10	BLACK, Rebecca	Dorking & Mole Valley	Veteran Ladies	08:41.3	37
63	02:58:23	SMITH, Philip	City of Salisbury	Veteran Men	08:41.9	296
64	02:58:30	HAYLOCK, Martin		Senior Men	08:42.3	408
65	03:00:10	TREW, Michael	Poole AC	Veteran Men	08:47.2	221
66	03:00:40	BOULTON, Andrew	New Forest Runners	Veteran Men	08:48.6	420
67	03:00:53	DAVIES, Martin	Eastleigh RC	Veteran Men	08:49.2	39
68	03:01:43	NASH, Paul	Denmead Striders	Senior Men	08:51.7	339
69	03:02:03	JAMES, Graham	Stubbington Green Runners and AC	Veteran Men	08:52.7	205
70	03:02:17	PARKINSON, Robert	Southampton Running Club	Veteran Men	08:53.3	353
71	03:03:11	ENHARD, Susanne	Compton Harriers	Veteran Ladies	08:56.0	350
72	03:03:11	MORRIS, Ryan	Compton Harriers	Senior Men	08:56.0	349
73	03:03:18	GARDNER, Colin	Gosport Road Runners	Veteran Men	08:56.3	307
74	03:03:28	CROSSLEY, Tony	East Grinstead	Veteran Men	08:56.8	396
75	03:03:38	GILBERT, Sally	Team Southampton	Veteran Ladies	08:57.3	358
76	03:03:41	BENDLE, Jerry	Hart Road Runners	Veteran Men	08:57.4	92
77	03:04:03	EDWARDS, David	Hoverhill Running Club	Veteran Men	08:58.5	1
78	03:04:06	MATTHEWS, Stuart	Reading Road Runners	Senior Men	08:58.7	68
79	03:04:19	BEAN, James	Hart Road Runners	Senior Men	08:59.3	48
80	03:04:20	UNSTED, Paul	Southampton Running Club	Veteran Men	08:59.3	367
81	03:04:39	RHODES, Debbie	Alton Runners	Veteran Ladies	09:00.3	99
82	03:04:41	HARDING, Kevin	Southampton Triathlon Club	Senior Men	09:00.4	4
83	03:04:59	ROGERS, Mark		Veteran Men	09:01.2	373
84	03:05:07	BRAZNELL, Kim	Halesowen A & CC	Veteran Ladies	09:01.6	202
85	03:05:35	HOLLOWAY, Melvyn	City of Salisbury	Veteran Men	09:03.0	45
86	03:06:02	SINFIELD, Matthew	Fleet & Crookham	Senior Men	09:04.3	399
87	03:06:36	HEWETT, Tony	Portsmouth Joggers Club	Senior Men	09:06.0	401
88	03:06:39	ROYLE, Kevin	Eastleigh RC	Veteran Men	09:06.1	388
89	03:06:47	LOVELESS, Martin	Hardley Runners	Veteran Men	09:06.5	347
90	03:07:09	LODGE, Chris		Veteran Men	09:07.6	269
91	03:07:19	HOLMES, Ian	Gillingham Trotters	Veteran Men	09:08.1	182
92	03:07:23	FRASER, Stuart		Senior Men	09:08.3	231
93	03:07:24	DOBSON, Mike	Portsmouth Joggers Club	Veteran Men	09:08.3	263
94	03:07:34	BARNES, David	Eastleigh RC	Veteran Men	09:08.8	214
95	03:07:37	ATKINSON, Carl	Farnham Triathlon Club	Senior Men	09:09.0	24
96	03:08:11	STOUT, Richard		Senior Men	09:10.6	67
97	03:08:11	AKERROYD, Richard		Senior Men	09:10.6	352
98	03:08:11	VAN EYK, Craig		Senior Men	09:10.6	343
99	03:08:19	NORMAN,	Tamar Trotters	Senior Ladies	09:11.0	412
100	03:08:32	COURT, Alan	Eastleigh RC	Veteran Men	09:11.6	406
101	03:08:47	HARDIE, Michel	Portsmouth Joggers Club	Senior Men	09:12.4	213
102	03:08:56	ASTON, John		Senior Men	09:12.8	262
103	03:09:23	DAVIES, Phil	The Stragglers	Veteran Men	09:14.1	34
104	03:09:52	PEARCE, Simon		Veteran Men	09:15.5	171
105	03:10:07	GOULD, Martin	Blackwater Valley Runners	Senior Men	09:16.3	299
106	03:10:09	CLARKE, Gregory	Dulwich Runners AC	Senior Men	09:16.4	210
107	03:10:18	THEVENET-SMITH, Ramona	Woking AC	Veteran Ladies	09:16.8	140
108	03:10:51	ELMES, Mike	Totton Running Club	Senior Men	09:18.4	327
109	03:10:57	BOWLES, Peter	Serpentine Running Club	Senior Men	09:18.7	5
110	03:11:17	BOSHER, Fiona	Liss Runners	Veteran Ladies	09:19.7	115
111	03:11:24	LEATHEREN, Michael	Lordshill Road Runners	Veteran Men	09:20.0	89
112	03:11:29	DAVIDSON, Anne	Dorking & Mole Valley AC	Veteran Ladies	09:20.3	320
113	03:12:08	MACLEAN, Douglas	Alton Runners	Veteran Men	09:22.2	313
114	03:12:32	MAY, Philippa	Farnham Triathlon Club	Veteran	09:23.3	28

				Ladies		
115	03:12:53	ROGERS, Tom	Farnham Triathlon Club	Veteran Men	09:24.4	322
116	03:13:09	HALL, Andrew	Portsmouth Joggers Club	Veteran Men	09:25.1	415
117	03:13:11	STANIFORTH, Michael	Portsmouth Joggers Club	Veteran Men	09:25.2	144
118	03:13:29	ANDERSON, Scott		Senior Men	09:26.1	284
119	03:13:32	GREENHAM, Derek	Cats	Veteran Men	09:26.3	131
120	03:13:43	HASTINGS, Graeme		Senior Men	09:26.8	61
121	03:13:52	JONES, David	Road Runners Club	Senior Men	09:27.2	381
122	03:13:57	GUARAN, Daniel	Stubbington Green Runners and AC	Senior Men	09:27.5	225
123	03:13:59	CURTIS, Joanna	Alton Runners	Veteran Ladies	09:27.6	151
124	03:14:06	BROCKS, Simon	Fleet & Crookham	Senior Men	09:27.9	404
125	03:14:14	GUERAN, John	Stubbington Green Runners and AC	Veteran Men	09:28.3	224
126	03:14:15	RYAN, Tamatha	Romsey Road Runners	Veteran Ladies	09:28.4	321
127	03:14:37	HAYNES, Kevin	Lychett Manor Striders	Veteran Men	09:29.4	310
128	03:14:58	SCHLAEPPI, Michael		Veteran Men	09:30.5	380
129	03:15:22	HALLIN, Matthew	Basingstoke & Mid Hants	Senior Men	09:31.6	167
130	03:15:30	SPARKES, Phil	Little Down Harriers	Veteran Men	09:32.0	113
131	03:15:45	ANDREWS, Steven		Veteran Men	09:32.8	384
132	03:15:46	JONES, Stuart		Senior Men	09:32.8	376
133	03:16:08	JODDRELL, Peter		Senior Men	09:33.9	170
134	03:16:15	SAUPE, Darren		Senior Men	09:34.2	325
135	03:16:18	DOBSON, Neal		Senior Men	09:34.4	308
136	03:16:29	MOORE, Andrew	Reading Road Runners	Veteran Men	09:34.9	243
137	03:16:32	BINKS, Kieran		Senior Men	09:35.0	282
138	03:16:44	JORDEN, Craig		Senior Men	09:35.6	355
139	03:17:09	DAVIES, Iaan	Portsmouth Joggers Club	Veteran Men	09:36.8	204
140	03:17:25	WESTERN, Dale	Havant AC	Senior Men	09:37.6	417
141	03:17:28	STEWART, Claire	Dulwich Runners AC	Veteran Ladies	09:37.8	346
142	03:18:09	POTTINGER, Simon	Clanfield joggers	Veteran Men	09:39.8	199
143	03:18:15	PHELPS, Guy	Victory AC	Veteran Men	09:40.1	351
144	03:18:20	COFFIN, Paul		Veteran Men	09:40.3	127
145	03:18:46	ROSS, David	Maidenhead AC	Senior Men	09:41.6	43
146	03:18:54	AGATE, Angela	Denmead Striders	Veteran Ladies	09:42.0	130
147	03:18:57	SMITH, Andy	Woking AC	Veteran Men	09:42.1	141
148	03:19:08	DIGWAA, Gurmukh		Senior Men	09:42.7	378
149	03:19:09	HINE, Stuart	Eastleigh RC	Veteran Men	09:42.7	47
150	03:19:25	WILLIAMS, Joanna	Bracknell Forest Runners	Senior Ladies	09:43.5	161
151	03:19:25	WOOD, Tim	Bracknell Forest Runners	Senior Men	09:43.5	410
152	03:19:51	JENKINSON, Robert	Midhurst Milers	Veteran Men	09:44.7	413
153	03:20:36	GILLESPIE, Paul		Senior Men	09:46.9	191
154	03:20:36	GATES, Andy	Totton Running Club	Veteran Men	09:46.9	211
155	03:21:40	LONG, Gavin	Saffron Striders	Veteran Men	09:50.1	216
156	03:21:53	PEARSON, Richard	Southampton Running Club	Veteran Men	09:50.7	398
157	03:22:09	MEYER, Sam		Senior Men	09:51.5	19
158	03:22:18	FRANCIS, Samantha		Senior Ladies	09:51.9	118
159	03:22:19	GILLESPIE, Andrew	City of Salisbury	Veteran Men	09:52.0	23
160	03:24:44	ATKINSON, Ian	Surrey Fire & Rescue	Veteran Men	09:59.0	255
161	03:24:52	FREEMAN, Claire	Little Down Harriers	Veteran Ladies	09:59.4	317
162	03:25:02	CRANE, Nick	Stubbington Green Runners and AC	Veteran Men	09:59.9	233
163	03:25:03	WORLD, Paul	Portsmouth Joggers Club	Veteran Men	10:00.0	360
164	03:25:45	MULLEY, Rebecca	Team Southampton	Senior Ladies	10:02.0	252
165	03:25:52	MOULD, Michael		Veteran Men	10:02.4	260
166	03:26:00	WEAVING, Jeremy	Totton Running Club	Veteran Men	10:02.7	212
167	03:26:21	JOHNSTON, Roderick	Southampton Running Club	Senior Men	10:03.8	342
168	03:26:28	DOWNING, Paula		Veteran Ladies	10:04.1	301
169	03:26:36	DAWES, Chris		Senior Men	10:04.5	371
170	03:26:36	MURPHY, Kate		Senior Ladies	10:04.5	370
171	03:26:58	IND, Stephen	Elmbridge RRC	Veteran Men	10:05.6	27
172	03:27:14	HAWORTH, Emma	Bracknell Forest Runners	Veteran Ladies	10:06.4	169
173	03:27:27	CUNNINGHAM, Grant	The Stragglers	Veteran Men	10:07.0	258

174	03:27:38	DRYSDALE, Dave		Senior Men	10:07.5	271
175	03:28:03	ROBINSON, June	Portsmouth Joggers Club	Veteran Ladies	10:08.7	287
176	03:28:28	BAUSOR, Neil	Hart Road Runners	Veteran Men	10:10.0	385
177	03:29:05	KRUYSSSE, Rudd	Basingstoke & Mid Hants	Veteran Men	10:11.8	397
178	03:29:09	EDSALL, Simon		Veteran Men	10:12.0	183
179	03:29:17	SIMMONS, Peter		Veteran Men	10:12.4	261
180	03:29:25	SAMPSON, Philip		Senior Men	10:12.7	323
181	03:29:43	SADLER, Sally		Veteran Ladies	10:13.6	107
182	03:29:59	BRIGGS, Andrew	Stubbington Green Runners and AC	Senior Men	10:14.4	90
183	03:30:16	COLLINS, Zoe	Basingstoke & Mid Hants	Senior Ladies	10:15.2	336
184	03:30:23	BAKER, Emma	Denmead Striders	Senior Ladies	10:15.6	394
185	03:30:32	SMITH, Mark		Veteran Men	10:16.0	264
186	03:30:48	WESTERN, Phillip	Havant AC	Veteran Men	10:16.8	418
187	03:30:53	REID, Tony	Reading Joggers	Senior Men	10:17.0	73
188	03:31:29	HAMMOND, Naomi	Allenburys	Senior Ladies	10:18.8	295
189	03:32:04	MCLAREN, Bruce		Veteran Men	10:20.5	329
190	03:32:07	ROBERTS, Gareth		Veteran Men	10:20.6	178
191	03:32:25	LEWIS, Simon		Senior Men	10:21.5	6
192	03:32:42	HOUSE, Joe	Royal Navy AC	Veteran Men	10:22.4	76
193	03:32:46	GREGORY, Trevor	Team Southampton	Veteran Men	10:22.5	235
194	03:32:56	POYNER, Ian		Veteran Men	10:23.0	109
195	03:33:58	MARTIN, Anthony	Serpentine Running Club	Senior Men	10:26.1	338
196	03:34:00	MANSFIELD, Kate	Salisbury Athletics & Running club	Veteran Ladies	10:26.2	8
197	03:34:12	ALBERRY, Sian	City of Salisbury	Veteran Ladies	10:26.7	32
198	03:34:24	SALMDNS, Lorna	Park Club Tri	Veteran Ladies	10:27.3	387
199	03:34:56	WILKS, Tim	Eastleigh RC	Veteran Men	10:28.9	11
200	03:35:14	HADAWAY, Peter	Portsmouth Triathletes	Veteran Men	10:29.8	219
201	03:35:32	STAMP, Rick	Portsmouth Joggers Club	Veteran Men	10:30.6	312
202	03:35:43	PAUL, Alastair	Overton Harriers & AC	Veteran Men	10:31.2	239
203	03:35:57	BOWERS, Mathew		NDB	10:31.9	400
204	03:36:00	AUSTIN, Nick	Southampton Running Club	Senior Men	10:32.0	17
205	03:36:08	WARD, Simeon	Sandhurst Joggers	Senior Men	10:32.4	363
206	03:36:12	TRICKETT, Faye	Portsmouth Joggers Club	Senior Ladies	10:32.6	228
207	03:36:19	HOGG, Roland	Tadworth AC	Veteran Men	10:32.9	40
208	03:36:33	HOARE, Simon	Wessex Road Runners	Senior Men	10:33.6	421
209	03:36:40	SMITH, Helen		Veteran Ladies	10:34.0	344
210	03:36:48	BARNETT, Paul	Alton Runners	Veteran Men	10:34.3	345
211	03:37:28	TSUI, Wan		Senior Men	10:36.3	234
212	03:37:57	RICHARDSON, Alan	Cove Joggers	Veteran Men	10:37.7	104
213	03:38:19	HEMMINGS, Steve	Hart Road Runners	Veteran Men	10:38.8	70
214	03:38:50	LONGWORTH, Alistair	Romsey Road Runners	Senior Men	10:40.3	58
215	03:38:55	KELLY, Carolyn	Cobra AC	Senior Ladies	10:40.5	137
216	03:38:55	BROOKS, Richard	Cobra AC	Veteran Men	10:40.5	138
217	03:39:06	HENDERSON, Jon	Stubbington Green Runners and AC	Senior Men	10:41.1	60
218	03:39:06	SNELL, Richard	Stubbington Green Runners and AC	Veteran Men	10:41.1	9
219	03:39:48	ROCHE, Richard	Stubbington Green Runners and AC	Veteran Men	10:43.1	85
220	03:40:08	MAYOH, Leigh	Aldermaston AC	Veteran Men	10:44.1	297
221	03:40:08	GILCHRIST, Helen		Senior Ladies	10:44.1	298
222	03:40:31	MONTGOMERY, Steve	Portsmouth Joggers Club	Veteran Men	10:45.2	369
223	03:40:57	BERGMEIER, Tim		Senior Men	10:46.5	189
224	03:40:57	CAKETT, Richard		Veteran Men	10:46.5	198
225	03:40:57	CRACKETT, Doug		Veteran Men	10:46.5	240
226	03:41:01	HOARE, Katherine	Wessex Road Runners	Senior Ladies	10:46.7	423
227	03:41:45	OSBORN, Rosemarie	New Forest Runners	Veteran Ladies	10:48.8	333
228	03:41:45	RICHARDSON, Neil	New Forest Runners	Veteran Men	10:48.8	340
229	03:42:05	MCCALLUM, Michaela	Winchester and District AC	Veteran Ladies	10:49.8	416
230	03:42:33	SPOONER, Paul	Portsmouth Joggers Club	Senior Men	10:51.2	229
231	03:42:33	STEVENS, Matt		Veteran Men	10:51.2	266
232	03:43:45	CARNEGIE, Rory		Veteran Men	10:54.7	319

233	03:43:55	WOODMAN, Julie	Stubbington Green Runners and AC	Veteran Ladies	10:55.2	77
234	03:44:26	HOARE, Ray	Wessex Road Runners	Veteran Men	10:56.7	422
235	03:44:46	BRIANT, Richard		Veteran Men	10:57.7	285
236	03:44:58	HAYDEN, Barry	Wimbledon Windmilers	Senior Men	10:58.2	302
237	03:45:10	GREEN, Jim	Serpentine Running Club	Senior Men	10:58.8	316
238	03:46:11	VICTOR, Christina		Veteran Ladies	11:01.8	14
239	03:46:44	JOHNS, Anthony		Veteran Men	11:03.4	279
240	03:47:11	TESOLIN, Tiziano	Alton Runners	Veteran Men	11:04.7	291
241	03:47:40	SINCLAIR, Graham	Eastleigh RC	Veteran Men	11:06.1	407
242	03:47:40	SMITH, Malc	Eastleigh RC	Veteran Men	11:06.1	136
243	03:47:43	WILLIAMS, Wendy	Gillingham Trotters	Veteran Ladies	11:06.3	98
244	03:47:49	WOODUS, Stephen	Alchester RC	Senior Men	11:06.6	91
245	03:48:13	DUNK, Simon	Crewkerne RC	Veteran Men	11:07.8	368
246	03:48:32	SAWKO, Peter	Garden City Runners	Senior Men	11:08.7	348
247	03:48:37	HARDING, Claire		Senior Ladies	11:08.9	3
248	03:49:51	GOSDEN, Chris		Veteran Men	11:12.5	328
249	03:50:05	WOODMAN, Robyn	Team Bath AC	Senior Ladies	11:13.2	132
250	03:50:18	MAIDMENT, Terry	Clanfield joggers	Veteran Men	11:13.9	133
251	03:50:44	BINKS, Richard		Veteran Men	11:15.1	281
252	03:50:56	PRICE, Veronica	Portsmouth Joggers Club	Veteran Ladies	11:15.7	112
253	03:51:15	BOWLER, Bob	Winchester and District AC	Veteran Men	11:16.6	309
254	03:51:18	GODWIN, Lucy	New Forest Runners	Senior Ladies	11:16.8	403
255	03:51:21	LATORRE, Antonio	Serpentine Running Club	Veteran Men	11:16.9	158
256	03:51:32	GRANGER, Del	Stubbington Green Runners and AC	Veteran Men	11:17.5	426
257	03:52:03	LEWIS, Giles	City of Salisbury	Veteran Men	11:19.0	324
258	03:52:03	MAGUIRE, Bob	Portsmouth Joggers Club	Veteran Men	11:19.0	175
259	03:52:03	DOWNER, Aimee		Senior Ladies	11:19.0	75
260	03:52:03	GROVE, Frances	Portsmouth Joggers Club	Senior Ladies	11:19.0	223
261	03:52:03	BRIER, Chris	Portsmouth Joggers Club	Veteran Men	11:19.0	152
262	03:52:03	ROBERTS, Del	Portsmouth Joggers Club	Senior Men	11:19.0	83
263	03:52:03	MCMILLAN, William	Portsmouth Joggers Club	Veteran Men	11:19.0	165
264	03:52:03	BOYCE, Neil		Veteran Men	11:19.0	382
265	03:52:03	ROBINSON, Fred		Veteran Men	11:19.0	162
266	03:52:28	KNOX, Doug	Gillingham Trotters	Veteran Men	11:20.2	103
267	03:53:04	SNOW, Andy		Senior Men	11:21.9	33
268	03:53:07	FORD, Jon	Portsmouth Triathletes	Veteran Men	11:22.1	226
269	03:53:07	FORD, Kay	Portsmouth Triathletes	Veteran Ladies	11:22.1	227
270	03:53:22	HAMILTON, Forbes		Senior Men	11:22.8	411
271	03:53:31	WADE, Paul		Veteran Men	11:23.3	305
272	03:54:07	LLOYD, Rhiannon	Elmbridge RRC	Senior Ladies	11:25.0	93
273	03:54:26	EAMES, Jemime		Senior Ladies	11:25.9	59
274	03:54:32	THOMSON, Jane		Senior Ladies	11:26.2	203
275	03:54:58	ROLLITT, Jane	Winchester and District AC	Veteran Ladies	11:27.5	168
276	03:54:59	POZNIAK, Helena	Winchester and District AC	Veteran Ladies	11:27.6	290
277	03:55:04	ROBINSON, Maria	Exeter Harriers	Veteran Ladies	11:27.8	117
278	03:55:05	HANCOCK, Mike		Veteran Men	11:27.8	250
279	03:55:23	WARWICK-SMITH, Clare	Winchester and District AC	Veteran Ladies	11:28.7	134
280	03:55:44	ANGEL, Laura		Senior Ladies	11:29.7	377
281	03:56:14	CLEMENTS, Peter	City of Salisbury	Veteran Men	11:31.2	62
282	03:56:33	IND, Katherine	Elmbridge RRC	Veteran Ladies	11:32.1	26
283	03:56:38	POLLARD, Phil	Portsmouth Joggers Club	Veteran Men	11:32.4	218
284	03:57:08	SHADICK, Andrew	Gillingham Trotters	Veteran Men	11:33.8	20
285	03:57:17	GALLAGHER, Susan	Dumfries RC	Veteran Ladies	11:34.3	41
286	03:57:22	CREAMER, John		Veteran Men	11:34.5	16
287	03:57:44	HUTCHESON, Robert	Jolly Boys	Veteran Men	11:35.6	244
288	03:57:57	STODDART, Elizabeth	Portsmouth Joggers Club	Veteran Ladies	11:36.2	145

289	03:57:57	BRYANT, Jen	Portsmouth Joggers Club	Veteran Ladies	11:36.2	100
290	03:57:57	CAREW-ROBINSON, Katie	Portsmouth Joggers Club	Senior Ladies	11:36.2	114
291	03:59:04	HIGGINS, Sharon	Alton Runners	Veteran Ladies	11:39.5	22
292	03:59:11	PILGRIM, Janet		Veteran Ladies	11:39.8	201
293	03:59:11	TAYLOR, Paul	Jolly Boys	Veteran Men	11:39.8	246
294	04:00:44	POWLES, Mike	Portsmouth Joggers Club	Veteran Men	11:44.4	364
295	04:01:09	BARKER, Michael	Gosport AC	Veteran Men	11:45.6	53
296	04:01:27	EGLIN, Clare	Victory AC	Veteran Ladies	11:46.5	311
297	04:01:37	THOMAS, Shaun		Veteran Men	11:47.0	278
298	04:01:39	SPINK, Hannah	Team Southampton	Senior Men	11:47.1	254
299	04:06:00	GARSDALE, Louise		Veteran Ladies	11:59.8	190
300	04:06:00	TURNER, Peter	Clanfield joggers	Veteran Men	11:59.8	200
301	04:06:09	REES, Sarah	L A Fitness	Veteran Ladies	12:00.2	195
302	04:06:09	YOUNG, Gary		Veteran Men	12:00.2	194
303	04:07:38	COX, Vanda	Thames Hare & Hounds	Veteran Ladies	12:04.6	272
304	04:08:22	MORRIS, Pete	Reading Road Runners	Veteran Men	12:06.7	395
305	04:08:40	PETT, Brian	Portsmouth Joggers Club	Senior Men	12:07.6	217
306	04:08:40	PANTER, John	Portsmouth Joggers Club	Veteran Men	12:07.6	365
307	04:08:55	PICKFORD, Paul		Senior Men	12:08.3	372
308	04:08:55	CHASE, Mark		Senior Men	12:08.3	82
309	04:09:15	NEWALL, Mark		Veteran Men	12:09.3	63
310	04:09:27	CROWLEY, Nick	Winchester and District AC	Senior Men	12:09.9	375
311	04:10:16	TUSHINGHAM, Paul	Portsmouth Joggers Club	Senior Men	12:12.3	12
312	04:10:18	GROUD, Andrew	Portsmouth Joggers Club	Senior Men	12:12.4	361
313	04:10:23	BARNES, Richard	Road Runners Club	Veteran Men	12:12.6	425
314	04:11:25	GALLAGHER, John	Victory AC	Veteran Men	12:15.6	303
315	04:11:33	HALL, Claire	Portsmouth Joggers Club	Veteran Ladies	12:16.0	414
316	04:11:57	STEWART, Cathy	Alton Runners	Veteran Ladies	12:17.2	366
317	04:12:50	REVILL, Julia	Denmead Striders	Veteran Ladies	12:19.8	18
318	04:12:57	HIBBERD, Adrian	Portsmouth Joggers Club	Senior Men	12:20.1	362
319	04:12:59	HAVILL, Tony	Southampton Running Club	Veteran Men	12:20.2	241
320	04:13:05	HOARE, Susan	Southampton Running Club	Senior Ladies	12:20.5	179
321	04:13:08	CROCKER, Marilyn	Victory AC	Veteran Ladies	12:20.7	129
322	04:13:13	PARSONS, Andrew		Senior Men	12:20.9	335
323	04:13:19	HOBBS, Zita	Victory AC	Senior Ladies	12:21.2	164
324	04:13:26	HICKEY, Alicia	Maidenhead AC	Senior Ladies	12:21.5	157
325	04:13:26	BARK, P	Maidenhead AC	Veteran Men	12:21.5	156
326	04:13:52	KING, John	Cove Joggers	Veteran Men	12:22.8	405
327	04:13:52	BOULTER, David	Cove Joggers	Veteran Men	12:22.8	105
328	04:15:19	BRAUN, Ines	Gillingham Trotters	Veteran Ladies	12:27.1	94
329	04:15:19	SHADICK, Nicki	Gillingham Trotters	Veteran Ladies	12:27.1	21
330	04:15:41	SADLER, Paul		Veteran Men	12:28.1	108
331	04:15:50	SERRA, Billia		Veteran Men	12:28.6	116
332	04:15:56	YENDELL, Anne	Portsmouth Joggers Club	Veteran Ladies	12:28.9	276
333	04:16:12	NICHOLAS, Rachel	Chichester Runners & AC	Senior Ladies	12:29.6	209
334	04:16:36	BETTS, Catherine	Chichester Runners & AC	Senior Ladies	12:30.8	283
335	04:17:59	BOPARAI, Harinder	Alton Runners	Veteran Ladies	12:34.9	57
336	04:17:59	WHITE, Michelle	Alton Runners	Senior Ladies	12:34.9	56
337	04:20:21	BONE, Alli	Portsmouth Joggers Club	Veteran Ladies	12:41.8	123
338	04:22:07	PUGSLEY, Gillian	Portsmouth Joggers Club	Veteran Ladies	12:47.0	359
339	04:27:35	WHEELER, Helen		Senior Ladies	13:02.9	357
340	04:30:57	BENNETT, Timothy		Senior Men	13:12.8	155
341	04:31:50	BOWRING, Jim		Veteran Men	13:15.4	267
342	04:38:32	COLLINS, Ian	Jolly Boys	Veteran Men	13:35.0	248
343	04:39:04	BRACHER, Jackie		Senior Ladies	13:36.5	256
344	04:39:52	JACKSON, Jen	Fetch Everyone RC	Senior Ladies	13:38.9	424
345	04:42:11	MCCULLAGH, Carole	Portsmouth Joggers Club	Veteran Ladies	13:45.7	386
346	04:43:37	SLIDEL, Peter	Believe and Achieve	Senior Men	13:49.9	121

347	04:43:40	PIGGOTT, Robert	Believe and Achieve	Veteran Men	13:50.0	120
348	04:45:14	CLARKE, Sandra	UK Netrunners	Veteran Ladies	13:54.6	207
349	04:45:35	IRELAND, Esme	Winchester and District AC	Veteran Ladies	13:55.6	177
350	04:45:35	ROBERTS, Paul	Winchester and District AC	Veteran Men	13:55.6	125
351	04:45:35	GOODWIN, Gill	Winchester and District AC	Veteran Ladies	13:55.6	146
352	04:48:29	FOWLER, Alison		Veteran Ladies	14:04.1	119
353	04:52:27	TAYLOR, Paul	Jolly Boys	Veteran Men	14:15.7	245
354	04:53:55	KING, Norman	Riverside Runners	Veteran Men	14:20.0	181
355	04:59:47	BAILEY, Nick	Victory AC	Veteran Men	14:37.2	148
356	05:02:36	STARES, David	Reading Road Runners	Veteran Men	14:45.4	110
357	05:02:36	STARES, Diane	Reading Road Runners	Veteran Ladies	14:45.4	111
358	05:08:04	ROGERS, Stuart	Accolade Health and Fitness	Veteran Men	15:01.4	334
359	05:08:04	MINCHELLA, Marie		Senior Ladies	15:01.4	356
360	05:09:42	WESTON, Ross	Wrekin RR	Senior Men	15:06.2	2
361	05:09:42	TENISON, Matthew		Senior Men	15:06.2	274
362	05:11:38	HAILWOOD, Paul	Stubbington Green Runners and AC	Veteran Men	15:11.8	153
363	05:11:38	HAILWOOD, Peter	Stubbington Green Runners and AC	Senior Men	15:11.8	154
364	05:35:50	RYAN, Tony	Gosport AC	Veteran Men	16:22.7	15